Target-setting skill builder

What are your chosen skills verbs for this week?

## Analyse the requirements

What was the aim of this week's task (the 'problem' to solve)? Break it down into 'stages' in such a way that will allow you to measure progress.

## Apply research

How have you used your research to *influence* your work?

Has this *knowledge* helped you? How? (Understanding of the skills verbs; changes to my work, etc..)

## Apply practical skills

What techniques/skills did you *develop* this week? (Problem solving, quality judgements, methods linked to chosen verbs, etc.)

## Analyse effectiveness

What challenges have you faced this week? (Working with: constraints, rules, verbs, maths, new techniques, etc.) How did you overcome them?

Did your work fulfil the aim of the task? Did you review, change, modify your work during the task? If so, why and how?

What areas of knowledge/skill do you still need to develop? How will you do this?

What opportunities might open up to you if you are successful at developing the missing skills you've identified?